

Inspire Spas Menu of Services

Custom Massage

Certified massage therapists trained in a variety of therapeutic massage techniques such as deep tissue, swedish, hand and foot reflexology, energy balancing, and sports massage create a therapeutic massage session based on your individual needs and preference.

60 minutes - \$120 90 minutes - \$175

Hot Stone Massage

Using traditional massage strokes with smooth, warmed river stones, a hot stone massage utilizes the elements of heat and stone to relieve stiff and sore muscles, promoting deep relaxation and increased circulation. Pressure is customized to your preference. Perfect for après ski and sport!

75 minutes - \$175 90 minutes - \$199

Gemstone Balancing Massage

Isun Organic Skincare's luxurious, rich herbal infused healing gemstone serums and oils are used with heated basalt & gem stones in this aromatherapeutic massage. This hot stone massage also works to balance the body's energy centers and channels, the chakras and meridians, through healing sound vibration.

90 minutes - \$199

Radiance Facial

The traditional European Facial with the added benefits of Isun Organic Skincare, a clinically effective, dynamically active and all natural skin care line. With nourishing cleansing actions, mild to intense exfoliation, and highly active moisturizing and repair, your skin will look and feel perfect.

60 minutes - \$120

Gemstone Facelift Massage

Refreshing lemon balsam facial cleanse and gentle botanical peel; followed by anti-aging massage including facial rejuvenation point work based on Tibetan, Chinese, and Ayurvedic methods using traditional energy healing, tuning forks and crystals.

45 minutes - \$100

Ultimate Face and Body

Relax and Renew! A full-body complete renewal system; this treatment re-mineralizes and exfoliates the skin and increases cellular vitality with Isun Organic Skin Care Full Body Rejuvenation System. Hot steamy towels are included to facilitate full absorption and complete relaxation. Mini-facial and massage of head, neck and feet are included in this service.

90 minutes - \$199

Yoga Therapy

Yoga has been shown to lower blood pressure, help relieve arthritis and headache pain, reduce stress and help with sleeping problems. Included in the session are pranayama, mantra, and meditation techniques; all personalized in order for you to create or enhance your own yoga practice.

60 minutes - \$120

Reiki

Experience the deep relaxation and peaceful renewal of a Reiki Treatment. Reiki is an ancient system of energy healing that utilizes the body's own innate intelligence and power to heal. By balancing and restoring the body's natural energy flow, Reiki has been documented to reduce pain, increase white blood cells, and increase overall health and vitality.

60 minutes - \$120

Therapeutic Detox Treatment

This full-body detoxification treatment with herbal masque includes an energizing dry brush massage, painted wheat grass detox masque application, hot steamy towels, and is followed by a full body massage designed to gently stimulate the lymphatic and circulatory systems affecting a gentle detoxification and energizing of the whole body.

75 minutes - \$150